



Canteen Menu T2 2022

Canteen manager: Juliana Pinilla.

Email: canteen@woodlandspandc.org.au

Phone: 9416 9800 ext. 69808

Days open: Wednesdays, Fridays 8:00am till 1pm

Last Orders by: 8am on day of order.

Snack Box		\$ 5.80
Hummus, Carrot, Cucumber, Capsicum sticks		
Cheese, Crackers (can be GF)		
OPTIONAL EXTRA - Add Ham/Chicken		\$ 2.00
Salad Box		\$ 6.10
Lettuce, tomato, cucumber, capsicum, carrot		
OPTIONAL EXTRA - Add olives & Fetta		\$ 2.00
OPTIONAL EXTRA - Add Ham or Chicken		\$ 2.00
OPTIONAL EXTRA - Add Cheddar cheese		\$ 0.50

All of our sandwiches, rolls, wraps and toasties are made fresh daily, exactly the way you like them with wholemeal or multigrain bread

Any sandwich/roll/wrap can be toasted	Sandwich	Roll/Wrap
Ham	\$ 2.60	\$ 3.30
Ham & Cheese	\$ 3.10	\$ 3.80
Vegemite	\$ 2.00	\$ 2.70
Vegemite & cheese	\$ 2.50	\$ 3.20
Cheese	\$ 2.50	\$ 3.20
Cheese & Salad	\$ 5.00	\$ 5.70
Cheese & Tomato	\$ 3.00	\$ 3.70
Chicken	\$ 4.20	\$ 4.90
Chicken & Salad	\$ 6.20	\$ 6.90
Salad	\$ 4.50	\$ 5.20
Tuna & Salad	\$ 5.00	\$ 5.70
OPTIONAL EXTRA- mayonnaise	\$ 0.50	
OPTIONAL EXTRA – gluten free bread	\$ 0.50	

You deserve the best!

Our school follows the Department of Education's Healthy Food and Drink policy.

Thank you for being part of our canteen community!



If you have any time to volunteer please get in contact. Our canteen thrives on volunteers to run smoothly. Join our WhatsApp group
<https://chat.whatsapp.com/JTjGTgTAKwSF040LI5ctYo>

Specials			
Wednesday	Pizza	\$	5.00
	Lasanga	\$	6.00
	Sushi	\$	7.00
Friday	Pie	\$	5.20
	Sausage Rolls	\$	4.00
	Sushi	\$	7.00



After Lunch Menu/Snacks		
Popcorn bag		\$ 0.60
Yogurt Pouch		\$ 2.00
Apple slinky		\$ 1.00
Orange wedges		\$ 1.50
Cheese stick		\$ 1.00
Icy Pole		\$ 1.60
Muffins of the day		\$ 2.00
Bliss Balls		\$ 1.00

Drinks		
Milk		
Plain	225ml	\$ 1.50
Chocolate	300ml	\$ 3.00
Strawberry	300ml	\$ 3.00
Juice 100%		
Apple	250ml	\$ 2.00
Apple & Blackberry	250ml	\$ 2.00
Orange	250ml	\$ 2.00
Water	600ml	\$ 1.50

Nippys No Added Sugar Milk		
Strawberry	250ml	\$ 3.00
Chocolate	250ml	\$ 3.00

Ordering Online – Quick and Easy at “Quick Cliq”

Ordering online is the easiest way to place lunch orders, saving you time digging for coins each morning, and is more efficient for the canteen staff.

To setup Ordering Online:

1. Go to <https://quickcliq.com.au>
2. Create a new account by selecting Sign Up
3. Then select Add Student.
4. If you your child has a food allergy go to the “Student” Tab and add allergy to the “Health Warnings” Section

Food Allergies

The Canteen caters for children with Food Allergies. If your child has a food allergy please follow these steps:

NB The Canteen is “Nut Aware” and nuts are not used in the Canteen Menu

1. Make sure the school administration is aware of the food allergy.
 2. Come to the canteen and talk to the Canteen Manager and discuss what food options are available for your child.
 3. When ordering make sure you record your child’s food allergies on the order. This can be done online (see above)
- The Woodlands Canteen complies with the West Australian School Canteen Association (WASCA) “Healthy Food and Drink Choices in Public Schools” Policy and follows the WASCA Traffic Light System.

GREEN - category is encouraged. Schools should aim to fill their menus with these healthy foods.

AMBER - foods should be selected carefully and eaten in moderation.

RED -food and drinks are off the menu and will not be available in public schools.

